

## ACCEPTED DONATION ITEMS

### Canned Foods (pop-tops are best):

- Stew, hearty soups, chili, sloppy joe
- Spaghetti with meatballs, ravioli, beefaroni
- Canned meats
- Canned fruits/vegetables
- Evaporated milk

### Dried Goods (small sizes are best):

- Pasta
- Macaroni & cheese
- Ramen noodles
- Lentils
- Cereal
- Instant oatmeal/grits
- Non-fat dry milk
- Hearty crackers
- Peanut butter in **plastic jar**

### Toiletries:

- Toothpaste
- Toothbrushes (**individually wrapped**)
- Deodorant
- 2-in-1 or 3-in-1 Shampoo/conditioner/body wash
- Soap bars or liquid soap
- Disposable razors

**WE CANNOT ACCEPT ITEMS THAT ARE**  
Perishable, Expired, Opened, Used, or Damaged

Please bring donation items to the South Bay Church



\* Every Sunday \*  
\* Mondays - Thursdays 9 AM - 5 PM \*  
\* Third Saturday of every month at 8 AM \*



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